



MARK YOUR CALENDAR

JULY

- 9 Nashville Shores
- 10 Trustees Meeting
- 22 FUMC Families Pool Party
- 23 Club 456 Pool Party

THE FOOD PANTRY

Please consider adding these items to your grocery shopping list so we may help provide needed items to our friends and neighbors:

- Canned fruit, Jello, canned pasta, dish detergent
- Grocery and newspaper bags that are clean and flattened.

“POUNDING” ADAM

Years ago, especially in rural southern communities, it was common for congregations to give their new pastor a “pounding” of groceries to stock the parsonage kitchen as the pastor arrived. In early days, people often brought a pound of flour, or bacon, or butter, creating the term “pounding.”

As our new youth pastor Adam Daniels arrives in late July, we want FUMC to give him and his wife Jessie a new kind of “pounding,” one that is better suited for the 21st century. We’d like members of the congregation to bring restaurant or grocery store gift certificate cards for the Daniels as Adam gets settled into his job at FUMC. Jessie will arrive a bit later after finishing work on her doctorate and selling their home. However, before then, she will be coming back and forth to Cookeville on a regular basis.

You can drop off your gift card at the church office, or mail it in, or put it in the offering plate in an envelope marked “pounding,” or give it to LuAnn or Martin or another staff member. Cards need to be turned in by July 30.

We have several weeks to gather this pounding of restaurant or grocery gift cards, so we hope most families in the congregation will participate. Moving to a new community is stressful and overwhelming. Not having to prepare meals while you are getting settled is exceptionally helpful. So, please do your part in “pounding” Adam and Jessie. They will be grateful for this tangible expression of love, welcome and hospitality.

You may remember that we did this same kind of “pounding” for Whitney and his family three years ago when they came to Cookeville, and it meant a lot to them. Thank you in advance for being a part of this warm welcome to Adam and Jessie.

In Christ’s Love and Service,

~ *Martin*

SLIDE THE CITY PHOTOS



Sunday Services

Worship Service:
8:30, 10:55
9:45 a.m. Sunday School
10:55 a.m. Service Broadcast on
News Talk FM 94.1/AM 1600

Nursery Available

**Sunday Worship and Sunday
School:** 8:15 a.m. to 12:15 p.m.
Children ages birth to 3 years

Phone: 931-526-2177
Fax: 931-372-9905
Email: office@cookevillefumc.org
www.cookevillefumc.org

BY OUR PRESENCE

Sunday, June 25, 2017

Total Worship Attendance: 417

BY OUR GIFTS

Offering: Sunday, June 25, 2017

Budget fund receipts \$27,125.10

Building fund receipts \$845.00

JULY BACKSLIDERS SPEAKERS

Join our Sunday School class in Jeff Wall Hall at 9:45 each Sunday morning. Here are our upcoming speakers for July:

- 2 Dr. Jim Wall
- 9 Rev. Smith, Cumberland Presbyterian
- 16 Dr. Jim Wall, part 2
- 23 Wayne Nabors, musical program
- 30 Heidi Lee

FOOD PANTRY—CALENDARS FOR CHRISTMAS BASKETS

At this time of year, many of us receive calendars in the mail from various local businesses. Consider donating extra calendars to the Food Pantry. We will be collecting them to distribute in our Christmas Baskets. Please bring them to the church office.

RADIO BROADCAST

Unable to make it in to Sunday worship service? Our 10:55 a.m. service is broadcast live each Sunday from News Talk FM 94.1, and uploaded to www.cookevillefumc.org later in the week.

GUEST PARKING

On Sunday mornings, please leave the reserved "Guest Parking" spots for our guests. We appreciate your help in making FUMC a more welcoming congregation that practices hospitality to our guests.

CONGREGATIONAL PRAYER CONCERNS

To request prayer or to add someone to the prayer list, contact the church office or use the prayer cards in the pews. Names will remain on the list for two weeks, unless otherwise specified.

Ongoing

Betty Sue Allen	Brian Foster	Jeannine Lynn
Marvin Barker	Carlton Galbreath	Brian Maffett
Vivian Barnes	Virginia Gibson	Pat Maxwell
Mike Brasfield	Nate Griffis	Bill Mitchell
Lida Canella	Dan Hearn	Evangeline O'Kain
Rev. Don Choate	Mary Ann Huffines	Laura Packard
Kayla Colson	Virginia Hunter	Susan Pangle
Lorna Cunningham	Chandler Johns	Jenny Partin
David Dunn	Alma Jean Johnson	Winnie Peterson
Ed Edenfield	Jan Jordan	Gene Evelyn Warren
Dave Evans	Anna Karch	Hazel Wyatt
Pat Evans	Mary Byrd King	Lisa Poe

KROGER CARD FOR THE FOOD PANTRY

Have you been swiping your Kroger Card for the Food Pantry? God's Grace Food Pantry is receiving cash back from purchases when you register and swipe your Kroger Rewards Cards. This cycle we received \$695, so please register your card today! If you need assistance with this, or have any questions, contact Tamika Parker. Thanks to all those families who have already signed up for Kroger Community Rewards!

As you are shopping or traveling, please consider collecting the following items for our neighbors struggling with homelessness:

- Travel shampoo
- Small bars of soap
- Disposable razors
- Wash cloths
- Travel size toothpaste
- Tooth brushes
- Deodorant
- \$5 fast food gift cards

Please remember smaller items are easier to carry. Items can be dropped off in the church office or contact Tamika Parker for more information.

PREPARING FOR ADOLESCENCE

All 6th graders are invited and encouraged to participate in a very important class that informs and celebrates tweens growing into maturity both spiritually and sexually. It is taught by Dr. Jim Batson, a local pediatrician and a member of our church. The class size is limited to 20 participants. The text used is *Preparing for Adolescence* by Dr. James Dobson and will be ordered for each student who participates. The cost is \$10. Classes meet Sundays 5:30 - 6:30 p.m., room B214 in the Freeman Building. Below are the dates and times for the class. Register online at www.cookevillefumc.org.

July 30	Parent Orientation
August 6	<i>The Secret of Self Esteem part I</i>
August 13	<i>The Secret of Self Esteem part II</i>
August 20	<i>Conformity</i>
August 27	<i>Physical Changes of Growing Up</i>
September 17	<i>The Sexual You</i>
September 24	<i>What is Love All About?; Strong Emotions of Adolescence</i>



For updated information, please visit us online at www.cookevillefumc.org or find us on Facebook and Twitter.

CARING CORNER

WE ARE CONSOLED TO BE CONSOLING

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all consolation, who consoles us in all our affliction, so that we may be able to console those who are in any affliction with the consolation with which we ourselves are consoled by God. ~2 Corinthians 1: 3-4, NRSV

If you've ever prayed this bit of text perhaps you've noticed the message of consolation and the profound image of God as the Father of mercies. Take a moment to reflect on this image of God, the Father of mercies. Go to your quiet place and pray this passage aloud and let the words come alive for you. Imagine the reality of being consoled in all your affliction by the Father of mercies. Then imagine sharing this gift of consolation with someone else, consoling them in all their affliction.

While the God of all consolation is ever ready to console us, we experience this consolation so that we too may console. How do you experience the consolation God offers you? How is God calling you to bring solace and comfort to others?

For information about Caring Ministries, call the church office or contact Noel Poston at 526-2177.

RED CROSS BLOOD DRIVE



**American
Red Cross**

You are needed! Come to the American Red Cross Blood Drive, Friday, July 21 in Jeff

Wall Hall from 10 a.m. – 2 p.m. Schedule your appointment at www.recrossblood.org and enter sponsor code FUMCCookeville19. Plan to donate and save a life!

NEW BOOKS IN THE CHURCH LIBRARY

Cancer – Now What?: Taking Action, Finding Hope, and Navigating the Journey Ahead by Kenneth C. Haugk, Ph.D. This is a practical Guide for those with cancer and their loved ones by clinical psychologist and pastor Kenneth Haugk. Dr. Haugk is founder and Executive Director of Stephen Ministries. This book was donated to the church library on behalf of The Stephen Ministry.

Seeing God at Work Every Day by David Dendy is a challenge to the reader to see God in everything and everywhere. Set up as a workbook, David shares his insights and challenges the reader to write down where they see God at work. Please use separate paper for your thoughts.

Look for these and other books on the shelves in the church library in the Freeman Building.

CHURCH EVENTS CALENDAR

Sunday, July 9

- 8:30 a.m. Worship Service — Sanctuary
- 9:45 a.m. Sunday School — Classrooms
- 10:55 a.m. Worship Service — Sanctuary

Monday, July 10

- 3:30 p.m. Chair Yoga — Gym
- 5:30 p.m. Trustees Meeting — B213
- 6:00 p.m. United Methodist Men — Jeff Wall Hall

Tuesday, July 11

- 1:30 p.m. Quilting — Jeff Wall Hall
- 2:00 p.m. Cookeville Dulcimer Society — B210
- 2:30 p.m. Food Pantry — Wesley Chapel

Wednesday, July 12

- 6:00 a.m. Men's Group — C112
- 10:00 a.m. Playtime for Preschoolers — Gym
- GriefShare Planning Meeting — B206
- 2:30 p.m. Stephen Ministry Leader Team — B213
- 3:30 p.m. Stephen Ministry Peer Supervision — B213
- 4:00 p.m. Centering Prayer — B214

Thursday, July 13

- 3:30 p.m. Chair Yoga — Gym

Friday, July 14

- 8:00 a.m. Dipsy Doodle Men's Breakfast — Dipsy Doodle Restaurant

CLUB 456—POOL PARTY

CLUB 456 is invited to a pool party at the home of Bob and Rosie Faulhaber on Sunday, July 23 from 2-4 p.m. Please bring drinks and snacks to share with your 456 friends! See you there! Contact Beth Wheeler at 526-2177, ext. 211 for more information.



BLESSING OF THE BACKPACKS

School can be fun, scary, awesome, and tough. We're sending our students and educators back to school with our prayers and our blessings. We will hold a blessing of the backpacks on Sunday, July 30th at both worship services. Students of all ages and educators are encouraged to bring their backpacks and briefcases to the service and be blessed!

FUMC FAMILIES POOL PARTY



FUMC Families are invited to a pool party at the Cookeville Community Center on Saturday, July 22 from 6-9 p.m. Bring a picnic dinner for your family and enjoy an evening of fellowship and fun!



First United

Methodist Church of Cookeville

165 East Broad Street
Cookeville, TN 38501

COOKEVILLE METHODIST
(UPS#63-600) Published Weekly at
First United Methodist Church
165 E. Broad Street
Cookeville, TN 38501
Periodicals Postage Paid at Cookeville, TN 38501
POSTMASTER: Send address changes to:
Cookeville Methodist
165 E. Broad Street, Cookeville, TN 38501

Save The Date—Burger Bash!

Join us August 9 for our annual Burger Bash event, where you can sign up for Wednesday Night Life, Early Childhood Music, and Choir Club!

Open hearts. Open minds. Open Doors. The people of The United Methodist Church.

TRAVEL BUDDIES ITINERARY AUGUST—DECEMBER, 2017

August 18 to the Titanic Exhibit, Pigeon Forge, TN.
Cost: \$43 per person; two Dutch treat meals.
Registration deadline: Monday, August 1.

September 14 and 15 to the U.S. Space & Rocket Center & Burritt on the Mountain, Huntsville, AL.
Cost: double occupancy \$165; single occupancy \$225; four Dutch treat meals. Registration deadline: Wednesday, August 23.

October 13 to the Milky Way Farm, historic plantation of candy legend, Frank Mars. Includes tour of the plantation, lunch, and hay ride. Cost: \$55 per person; lunch is provided. Registration deadline: Thursday, September 29.

November 3 for a Fall Foliage Tour on the northern portion of historic Natchez Trace. Cost: \$15 per person; Dutch treat lunch at the Loveless Café and dinner. Registration deadline: Friday, October 27.

December 7 and 8 for Christmas at the Biltmore and the Folk Art Center, Asheville, NC., including tour of the manor, conservatory and grounds. Cost: double occupancy \$160; single occupancy \$220; four Dutch treat meals. Registration deadline: Thursday, November 16.

SPIRITUAL GIFTS: COMPASSION

The gift of compassion moves people to action on behalf of those in need. Compassion is not a simple caring about others, but such a radical caring that we have no choice but to make sacrifices for others. Those with the gift of compassion rarely ask "Should I help," but instead focus on how to help. Compassion makes us fundamentally aware of the Christ in others and springs from our desire to care for all of God's creatures and creation.

Reflection Questions:

- How do you live your gift of compassion at home, at work, in relationships with friends?
- What other gifts best complement compassion, and enable you to increase the value and impact of your gift?
- In what ways can you improve your use and knowledge of compassion?
- Where do other people see evidence of this gift in your life?

(From <http://www.umc.org/what-we-believe/spiritual-gifts-compassion>)

SWIPING YOUR KROGER CARD FOR THE FOOD PANTRY

Did you know God's Grace Food Pantry can receive cash back from purchases using your Kroger Rewards Card?

Go to www.krogercommunityrewards.com to register your card. You will be asked for the NPO number for God's Grace Food Pantry which is **96948**.

See the article in this newsletter for more details on how this program has benefited our food pantry so far this year. Thanks to all those who have already signed up for Kroger Community Rewards!