



## MARK YOUR CALENDAR

### March

- 3 Kevin Conrad Reception
- 4 Trustees meeting
- 5 Shrove Tuesday Pancake Supper  
Staff Parish meeting
- 6 Ash Wednesday Service
- 8-10 Women's Retreat
- 10 *The Table* worship service
- 11-15 Spring Break

### Food Pantry Wish List

Please consider adding these items to your grocery shopping list so we may help provide needed items to our friends and neighbors:

- Tomato sauce, bath soap, Kroger Dry Milk (box with 10 one-quart pouches)
- Grocery bags that are clean and flattened.

## Sunday Services

Worship Service:  
8:30, 10:55, and 11:00 a.m.  
9:45 a.m. Sunday School  
10:55 a.m. Service Broadcast on  
WATX-AM 1600

## Nursery Available

Sunday Worship and Sunday  
School: 8:15 a.m. to 12:15 p.m.  
Children ages birth to 4 years

Phone: 931-526-2177  
Fax: 931-372-9905  
Email: [office@cookevillefumc.org](mailto:office@cookevillefumc.org)  
[www.cookevillefumc.org](http://www.cookevillefumc.org)

## UPCOMING LENTEN EVENTS

### Shrove Tuesday—The Feast Before the Fast

March 5, 5 - 6:30 p.m. in the Christian Life Center. Reservations are needed by noon on Monday, March 4. \$4 per person or \$15 family maximum. Call the church office at 526-2177 to make your reservations.

The FUMC Shrove Tuesday celebration consists of a fun evening of fellowship. There will be Mardi Gras crafts, a butterfly project that will continue throughout the Lenten season, a pancake flipping relay race, and time to share a meal with your church friends and family. The traditional King Cake and even a few varieties of pancakes from other countries will be available to sample. Mark your calendar for your families to join us and even bring a friend or two!

### Ash Wednesday Service

March 6, 6:30 p.m. in the Sanctuary. The official beginning of Lent is marked by Ash Wednesday. This is an opportunity to set our hearts on the sadness of sin and death in the context of the gift of redemption given through Jesus Christ. The ashes that mark our foreheads are a reminder of the idea of "from dust to dust," and that through the infinite goodness of God's grace, eternal life is available to each of us. Historically, ashes have been a sign of mortality and the need for repentance. Traditionally, the ashes come from burning the palms used in the prior year's Palm Sunday service, which are then mixed with water or oil. Some practices include naming a temptation or personal struggle or sin, and burning it along with the palms. Forgiveness through repentance and God's grace are represented with a cross that is applied to the forehead of each worshipper.

### Requiem for the Living, by Dan Forrest—Music Concert

April 7 at 6 p.m. in the Sanctuary. A Requiem is a prayer for rest and, most often, written to remember the deceased. This five movement work by Dan Forrest is written just as much for the living as they struggle with pain and sorrow. The opening movement pleads for rest and mercy while the second movement employs scriptural texts that speak of the turmoil and sorrow which the survivors must face.

The Agnus Dei is performed as a plea for deliverance and peace and the Sanctus offers a glimpse of *heaven and earth, full of Thy glory*. The final movement, *Lux Aeterna*, portrays light, peace, and rest for both the deceased and the living.

### Palm Sunday

Sunday, April 14, in the Sanctuary. On this holy day we commemorate Jesus Christ's triumphal entry into Jerusalem. We gather together to celebrate and remember Christ's sacrificial death on the cross, praise God for the gift of salvation, and look expectantly to the Lord's second coming.

Many churches distribute palm branches to the congregation on Palm Sunday for the customary observances. These observances include a reading of the account of Christ's entry into Jerusalem, the carrying and waving of palm branches in processional, the blessing of palms, and the singing of traditional hymns. Palm Sunday also marks the beginning of Holy Week, a solemn week focusing on the final days of Jesus' life.

At FUMC, our children, ages 3-6th grade, are invited to participate in the palm processional. The children will meet in the landing in the Narthex at 8:20 a.m. for the early service and/or 10:50 a.m. for the later service.

## BY OUR PRESENCE

*Sunday, February 17, 2019*

Total Worship Attendance: 344

*Sunday, February 24, 2019*

Total Worship Attendance: 431

## BY OUR GIFTS

*Sunday, February 17, 2019*

Budget fund receipts \$15,480.00

Building fund receipts \$35.00

*Sunday, February 24, 2019*

Budget fund receipts \$19,089.26

Building fund receipts \$511.00

## ***TTU Wesley Foundation Meals— Volunteer Opportunity***

Interested in assisting with providing meals once a week to our college age students at TTU Wesley Center? Contact Tracy Epps for more information at [lepps@charter.net](mailto:lepps@charter.net).

## ***Young at Heart Luncheon***

Funny Inside Stories from Recent Past TTU Leadership Team on Thursday, March 21, 11 a.m. s Jeff Wall Hall.

Enjoy listening in as Bob Bell, Becky Tolbert, Leo McGee, Marvin Barker and Pat Gilbreath get together to share remembrances from their years at Tech. And be ready for fun! The audience will be quizzed about their memories of Tech legends, rumors, and folk tales, like: "Who was Dammit and where is he buried?" Make your reservations by Tuesday, March 19 by calling the Church Office, 526-2177.

## ***Second Harvest Delivery***

God's Grace Food Pantry will be receiving our shipment of food from Second Harvest on March 1 at 9:45 a.m. If you are available to help unload the truck into the food pantry and would like to volunteer, please contact Tamika Parker at 526-2177.



For updated information, please visit us online at [www.cookevillefumc.org](http://www.cookevillefumc.org) or find us on Facebook and Twitter.

## CONGREGATIONAL PRAYER CONCERNS

Vivian Barnes	Brian Lee Foster	Karen Macke
Janey Bassett	Elaine Funk	Pat Maxwell
Craig Benich	Mary Garrison	Brittany McCloud
James Buck	Nate Griffis	Mary Meek
Robert Buck	Joe Hix	Winnie Peterson
Randy Cavanaugh	Alma Jean Johnson	Margaret Phipps
Savannah Lynn Caylor	Bob Jones	Mary Jo Rogers
Peggy Cho	Ann Kellman	Sarah Stockton
Rita Craighead	Nancy Kellman	Keith Walker
Delaney Duncan	Mary Byrd King	Katie Ward
Kurt Eisen	Mike Lee	Jessie Watts

### ***Missionaries***

Eric and Liz Soard

## INCLEMENT WEATHER POLICY—UPDATED

Out of concern for the welfare of those who participate in the ministries of the church, when there is inclement weather, we will follow the closure schedule of the Putnam County School system. When church activities are cancelled, an announcement will be posted on the homepage of the church website by noon and the activity leader will be informed. Participants should contact their leader or the church office with any questions. When activities are cancelled, the facility will not be open nor will anyone be available to open or close the facility.

The Food Pantry will follow the Putnam County School system. If schools are closed for weather conditions on a Tuesday in which the Food Pantry is normally scheduled for distribution, the Food Pantry will be closed. This is for the safety of both our patrons and volunteers.

The primary concern for cancellation of activities is safety. Your support and understanding are appreciated.

## ***BEST OF THE HOLY LAND***



Join us for an informational meeting about a trip to Jerusalem, where we will experience an inspirational journey following the footsteps of Jesus.

We meet Sunday, March 31, at 2:00 p.m. in Jeff Wall Hall. Be a part of this adventure in faith to witness the Bible come to life!

For more information contact Bob and Pam Blair, (931) 372-8828 or Susan Ray, (931) 526-3642.

## VBS COKESBURY WORKSHOP IN NASHVILLE

Shannon Auberson and Linda Moore, along with FUMC Youth members Lizzie Moore and Wilson Auberson, attended the Cokesbury Vacation Bible School workshop on February 16. This year's VBS theme, *To Mars and Beyond*, reminds us that "our faith can take us anywhere". During the workshop, many art, science, and snack ideas were shared. Our VBS volunteer team includes many age groups and is open to all members who would like to participate. This year's Vacation Bible School will be held June 16- 19.



## NEW MEMBERS



Please welcome Doug and Emily Cass!

## WEDNESDAY NIGHT LIFE MEALS



Make your standing reservations now for Wednesday Night Life Dinners by calling the church office, or go

online to [www.cookevillefmc.org](http://www.cookevillefmc.org) (click on the front page slide). Dinner is served from 5-6 p.m. in the Christian Life Center. Cost: \$5 per person; \$20 family maximum.

**March 6:** Chicken and rice casserole, steamed broccoli, salad, rolls, and Mountain Dew cake.

**March 13:** Spring Break, no meal or classes.

**March 20:** Ham, macaroni and cheese, pinto beans, salad, rolls, and apple cobbler.

## WHAT IS LENT?

Lent is a season of forty days, not counting Sundays, which begins on Ash Wednesday and ends on Holy Saturday. Lent comes from the Anglo Saxon word *lencten*, which means "spring." The forty days represents the time Jesus spent in the wilderness, enduring the temptation of Satan and preparing to begin his ministry.

Lent is a time of repentance, fasting and preparation for the coming of Easter. It is a time of self-examination and reflection. In the early church, Lent was a time to prepare new converts for baptism. Today, Christians focus on their relationship with God, often choosing to give up something or to volunteer and give of themselves for others.

Sundays in Lent are not counted in the forty days because each Sunday represents a "mini-Easter" and the reverent spirit of Lent is tempered with joyful anticipation of the Resurrection.

Source: <http://www.umc.org/what-we-believe/what-is-lent-and-why-does-it-last-forty-days>

## CHURCH EVENTS CALENDAR

### Sunday, March 3

- 8:30 a.m. Worship Service — Sanctuary
- 9:30 a.m. New Pastor Reception — Christian Life Center
- 9:45 a.m. Sunday School — Classrooms
- 10:55 a.m. Worship Service — Sanctuary
- 5:00 p.m. Confirmation Class — B214

### Monday, March 4

- 7:00 a.m. Men's Bible Study — B213
- 10:00 a.m. Dorcas Circle — B017
- Esther Circle Day meeting — B210
- Mary Martha Circle — B213
- 5:30 p.m. Trustees Meeting — B213
- 6:30 p.m. Esther Circle — B214

### Tuesday, March 5

- 9:00 a.m. Prayer Team — Jenkins Chapel
- 9:15 a.m. Early Childhood Music Class — C206B
- 10:00 a.m. Anna Rebecca Circle — Parlor
- Law Enforcement Appreciation Meeting — Conference Room
- 2:00 p.m. Cookeville Dulcimer Society—B214
- 2:30 p.m. Food Pantry — Wesley Chapel
- 5:00 p.m. Shrove Tuesday Pancake Dinner — Jeff Wall Hall
- 5:15 p.m. Staff Parish Meeting — B213

### Wednesday, March 6

- 6:00 p.m. Men's Group — C112
- 9:00 a.m. Hope Academy
- 10:00 a.m. Playtime for Preschoolers — Gym
- 10:30 a.m. Mining Your Memories — B213
- 3:30 p.m. Knitting — B206
- 4:00 p.m. Contemplative Prayer — B214
- Choir Club — Music Suite
- 5:00 p.m. Wednesday Night Life Meal — Christian Life Center
- 6:00 p.m. Youth Choir — Music Suite
- 6:30 p.m. Ash Wednesday Service — Sanctuary
- 7:15 p.m. Chancel Choir — Music Suite

### Thursday, March 7

- 9:15 a.m. Early Childhood Music Class — C206B
- 1:45 p.m. Jubilee Ringers — Sanctuary
- 4:45 p.m. Sanctuary Handbells — Sanctuary
- 5:45 p.m. Evening Ensemble — Music Suite
- 6:30 p.m. Gospel Ensemble — Music Suite

### Friday, March 8

- 8:00 a.m. Dipsy Doodle Men's Breakfast — Dipsy Doodle Restaurant

### Saturday March 9

- 10:00 a.m. GriefShare — Magnolia House

## NEW PASTOR RECEPTION

Join us this Sunday, March 3, as we welcome our new Senior Pastor, Kevin Conrad, and his wife Kathy. The reception will take place during the Sunday School hour in the Christian Life Center.



165 East Broad Street  
Cookeville, TN 38501

**COOKEVILLE METHODIST**  
(USPS 563-600) Published biweekly,  
except Christmas week at  
First United Methodist Church  
165 E. Broad Street  
Cookeville, TN 38501  
Periodicals Postage Paid at Cookeville, TN 38501  
POSTMASTER: Send address changes to:  
Cookeville Methodist  
165 E. Broad Street, Cookeville, TN 38501

# Shrove Tuesday Pancake Supper

March 5, 5–6:30 p.m.

Join us for “The Feast Before the Fast” in the  
Christian Life Center

**Reservations are needed by Monday, March 4**

**\$4 per person, or \$15 per family maximum**

*Open hearts. Open minds. Open Doors. The people of The United Methodist Church.*

## YOUTH—SUNDAY EVENING SCHEDULE

- February 24 — NO MEAL or UMYF (Concert)
- March 3 — NO MEAL or UMYF (Discovery)
- March 10 — NO MEAL (Spring Break), *The Table*
- March 17 — Meal and *How to Study the Bible*
- March 24 — Meal and *How to Study the Bible*
- March 31 — Meal and *The Table*
- April 7 — Meal and *How to Study the Bible*
- April 14 — Meal and *The Table*
- April 21 — NO MEAL or UMYF (Easter)
- April 28 — Meal and *The Table*
- May 5 — Senior Banquet
- May 12 — Meal and *The Table*

## FUMC KIDS EVENTS—SAVE THE DATE!

- March 5 — Shrove Tuesday Pancake Supper
- March 6 — Ash Wednesday
- April 14 — Palm Sunday
- April 18 — Maundy Thursday
- April 19 — Good Friday
- April 20 — Easter Egg Hunt
- April 21 — Easter Sunday
- April 29 — Confirmation Sunday

## FUMC GOES TO MADAGASCAR!



Nearly 70 FUMC family and friends traveled to Cumberland County Playhouse to support our very own talented Mr. Nick Mullins in his leading role as Alex the Lion in the production of Madagascar.

The musical was a wonderful way to fellowship as a community and to support the local arts in and around our great state of Tennessee.

## NEW BEGINNINGS

The New Beginnings group meets monthly to provide support and encouragement to one another through a variety of activities and fellowship. Participants are widowed men and women seeking a “new normal” in their lives through peer support and opportunities for engage in meaningful social, educational, and service activities within a group. Monthly meetings will be the second Tuesday of the month, 12:30 – 1:30 p.m., in B206. The group also meets for lunch at Nick’s Restaurant one Sunday a month.

## A WOVEN PRAYER PROJECT

The children have a basket set up in the Freeman building lobby with a unique way we can all send a prayer of love and support to the members on our prayer list not able to be in church services. Prayers are written on provided material and the kids will weave the strips of material into cards. Please stop by and be a part of this loving ministry.